

# LUNCH MENU – WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHEF'S THEATRE</b>				
Chicken tikka naan with crispy salad and minted yoghurt	BBQ Pulled Pork in a wrap	Chicken Fried Rice with Curry Sauce	Chicken & Bacon Carbonara	Lamb Kofta Flat Bread & Mint Yoghurt
<b>MAIN COURSE</b>				
Sausages, Onion Gravy Mashed Potato Seasonal vegetables	Chicken Korma Rice Cauliflower Bhaji	Roast Pork, Stuffing, Gravy, Roast Potatoes Seasonal Vegetables	Homemade Meatballs & Spaghetti	Battered Fish Chips Baked Beans Mushy Peas
<b>MEAT FREE</b>				
Cheese & Broccoli Quiche Mashed potato Seasonal Vegetables	Sag a Loo Rice Cauliflower Bhaji	Quorn fillet, Gravy Roast Potatoes Seasonal Vegetables	Quorn Meatball Tagine & Moroccan Cous Cous	Vegetable Pizza Chips Baked Beans Mushy Peas
<b>DESSERTS</b>				
Iced Lemon Sponge	Pineapple Upside Down Cake with Custard	Sticky Toffee Pudding & Toffee Sauce	Vanilla Sponge with Custard	Cherry Crumble & Custard