

Look out for...  
WHAT'S ON

# HELLO SPRING!

## THROUGH APRIL

Lamb Samosa  
Vegetable Samosa  
With Dipping Sauce & Wedges  
Turkey & Cranberry Hot Baguette  
With Wedges



• INSPIRED FOOD •  
*mint*  
• FOR EDUCATION •

# FAIRTRADE



We support Fairtrade. Fairtrade is a simple way to make a difference to the lives of the people who grow the things we love! This is done by changing the way trade works through better prices, decent working conditions and a fair deal for farmers and workers in developing countries!



#Fairtrade

• INSPIRED FOOD •  
*mint*  
• FOR EDUCATION •

# DID YOU KNOW?

May celebrates British Tomato Fortnight!  
Tomatoes hold an impressive amount of Vitamin C but when cooked lose a lot of that goodness.



• INSPIRED FOOD •  
*mint*  
• FOR EDUCATION •

# Waffle Wednesday!

A DELICIOUS SELECTION OF  
SWEET & SAVOURY WAFFLES



Sweet Waffles  
With  
Ice-cream  
&  
Your Choice of  
Filling Every  
Wednesday...

£1.20

• INSPIRED FOOD •  
*mint*  
• FOR EDUCATION •