

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £2.30	Chicken Pesto Pasta with Salad	Chicken Tikka Curry served with Steamed Fluffy Rice	Roast Pork with Roast Potatoes, Seasonal Vegetables and Gravy	Sausage, Creamy Mashed Potato and Vegetables	Battered Fish served with Chips and Baked Beans or Peas
PLANT BASED / VEGETARIAN £2.30	Baked Mac 'n' Cheese served with Salad	Vegetable Madras Curry served with Steamed Fluffy rice	Vegetarian Wellington Roast Potatoes, Seasonal Vegetables and Gravy	Vegan Sausage, Creamy Mashed Potato and Gravy	Vegetable Pizza with Chips and Baked Beans
STREET FOOD £2.60	Flavoured Chicken Wrap with Salad	Jerk Chicken Pasta with Roasted Vegetables	Katsu Curry Chicken Burrito	Chip Shop Style Kebab on Naan with Salad	Lamb Kofta with Minted Salad in a Greek Flat Bread
PASTA POT £2.30	Pasta served in Rich Tomato Sauce	Pasta served in Rich Tomato Sauce	Pasta served in Rich Tomato Sauce	Pasta served in Rich Tomato Sauce	Pasta served in Rich Tomato Sauce
SNACK GRAB AND GO £2.60	Southern Fried Chicken Wrap	Cheese Beef Burger in a Floured Bap	Battered Chicken Burger in a Floured Bap	Loaded Pork BBQ Nachos with Sliced Peppers	Chicken and Chips
£2.30	Margherita	Margherita	Margherita	Margherita	Margherita
PANINI £2.60	Pepperoni	Pepperoni	Pepperoni	Pepperoni	Pepperoni
JACKETS £1.50	With Our Delicious Fillings - Cheese, Baked Beans or Tuna - 1 Filling £2.00 and 2 Fillings £2.60				
DESSERTS £1.20	Fruit Crumble with Custard	Chocolate Sponge with Custard	Sticky Toffee Pudding with Toffee Sauce	Lemon Sponge with Custard	Fruit Crumble with Custard

Meal Deal

Main Meal
With Vegetables
And Dessert



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£2.60

All Of Our Main Meals and Desserts Are Freshly Made On Site Every Day