



Dear Parent/Carer,

Safeline will be delivering Parent Workshops online via Zoom. These workshops consist of 3 evening sessions which will take place once a week on Monday 2nd May 2022, Monday 9th May 2022 and Monday 16th May 2022. These sessions will always begin at 5:00pm and end at 6:00pm.

We encourage Parents to attend all 3 sessions as they provide an insight to many important topics that arise within society today.

The first session is based on Internet Safety which includes the following outcomes: Providing knowledge around social media apps/websites, offering an understanding around online grooming - the risks and dangers, provide a deeper understanding of Cyberbullying and how to respond to it and understanding the risks behind Online Gaming.

The second session will be about Mental Health and Welfare issues, which will provide an understanding of what Mental Health is, allow you to gain a better knowledge of what can affect children's mental health, how to best support children if they are suffering with Mental Health Issues and any useful apps/websites that you can use to help.

The final session will highlight important topics such as Bullying and Sexual Harassment in Schools. This session discusses how to recognize the signs of bullying/sexual harassment, how to support your young person through it and how to report it.

Zoom is available to all and can be accessed on different devices such as, mobile phones (With a camera and internet), iPad, tablets, and laptop/computers. All you must do is enter the Zoom website: zoom.us, click **Join a Meeting** and enter the following **Meeting ID: 982 363 3370**. Could you also please send an email to the address below to confirm your attendance for each date. Safeline colleagues hope to see you there, as these sessions offer a deeper understanding of the many challenges young people face today and we hope to prevent these risks together.

If you require any assistance accessing our workshop on Zoom, please contact us on the email below.

Thank you

Yours Sincerely

Patrinda Chahal

Early Intervention Co-Ordinator

Email: patrindaC@safeline.org.uk

