



10 November 2023

Dear Parent/carer,

Careers in Y7

How school relates to and prepares students for their future career aspirations is a key aspect of the curriculum journey here at NLS. The focus for the Y7 Careers Curriculum is Discovery. As part of the curriculum Year 7 will start to discover answers to the questions:

What is careers?

What is a CV – which skills do I have and which skills do I need to develop?

Why is it important to know about the Labour Market and to challenge stereotypes?

The careers curriculum will take place during tutor time sessions in all three terms. In addition students will have a series of careers focused assemblies and events where they will be able to interact with external providers from both education and employment/training, to discover more about their post-16 choices as well as what the world of work is like.

Support for Mock Interviews:

As we approach an important milestone in our students' academic journey, we would like to bring your attention to the upcoming Year 11 mock interviews taking place on Tuesday 28th November.

These play a crucial role in preparing our students for future job interviews and college admissions processes. They provide a valuable opportunity for them to practice their communication skills, build confidence, and receive constructive feedback from professionals in various fields.

We would greatly appreciate your support in this endeavour. If you are interested in volunteering as an interviewer or your company /employer could support us in future careers events, or you have any further questions , please feel free to reach out to us here at the careers department : careers@northleamington.co.uk - Tel: 01926 338711 ext. 8429.

Online safety

NLS has a policy that precludes the student use of mobile phones on the school site that has been in place for some years now as a consequence of their high level misuse in school. However, we appreciate that parents/carers wish their children to have mobile phones on them for safety reasons as they travel to and from school.

Unfortunately the misuse of mobile phones in the wider lives of young people continues to be an ever increasing issue and we are now looking to provide internet support workshops for parents and more information will be coming out via parent communications. In addition our PHSE curriculum across all year groups does include keeping safe on the internet and healthy relationships, and we would always advise parents monitoring the use of mobile phones.

As we operate a non-mobile phone policy we are unable to monitor social media groups and so this responsibility lies with parents.

We have been made aware that there are multiple apps that students in Year 7 are accessing that are not appropriate for Year 7/8 aged children and they should not have accounts e.g. WhatsApp rating is 16+. Age ratings are there to protect your child and ensure that your child is only accessing apps that are suitable for their age. This should help to reduce any potential risks. It is also important to be aware that it can be the developer that sets the age rating so please review the app yourself. Our primary piece of advice is to take students off of social media sites that they should not be accessing. We would also recommend that you and your child:

- Use the block and ‘report abuse’ facility on the relevant social media platform.
- Our website has information on how we support online safety which may be of interest including online safety newsletters. The latest edition you can view [here](#) contains the following useful information:
 - Setting up parental controls
 - Talking to your child about sexting
 - Advice on Roblox and TikTok apps
- Refer to websites such as www.thinkuknow.co.uk/ , www.barnardos.org.uk/ and www.nspcc.org.uk/ for useful advice and guidance
- Monitor your child’s phone regularly and discuss with them which apps they regularly use
- Place time limits on apps and ensure students have a ‘digital detox’ so they are not spending too much time on social media

PE

Since their arrival at North Leamington School (NLS) students have taken part in a variety of sports activities in mixed-ability groups during their PE lessons. This has enabled the PE staff to assess the sporting ability of all students. Whilst the primary focus of PE is to enable students to be physically active and to hopefully develop a love for one or more sports, we find that it is easier to provide the correct amount of support, challenge, and level of competition by teaching in ability groups. The groups students have now been moved into are very likely to be their groups for the remainder of the academic year, barring exceptional circumstances. Staff will of course move students between groups should it be necessary at a later date.

For your information, please see below the sports that will be studied as part of the Year 7 curriculum in PE:

Term	Boys	Girls
Autumn 2	Rugby & Basketball	Dance & Netball
Spring 1	Football & Health Related Fitness	Basketball & Tag Rugby
Spring 2	Badminton & Dance	Football & Health Related Fitness
Summer 1	Tennis & Hockey	Badminton & Cricket
Summer 2	Cricket & Athletics	Rounders & Athletics

Furthermore, extra-curricular opportunities are provided throughout the year within PE. There are extra-curricular clubs opportunities open to all to attend as well as competitive fixtures in a range of sports studied in lessons and at the clubs. Information for these can be found on the school website and there is also a weekly PE bulletin which is displayed around school on the TV screens and within weekly tutor time notices. This lists key notices for the week along with clubs, fixtures and results.

Anti-Bullying Week

Next week is Anti Bullying Week. The theme of ‘Make A Noise About Bullying’ came about following consultation with teachers and pupils by the Anti-Bullying Alliance which coordinates Anti-Bullying Week every year in the UK. We wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes. The nature of the activities will encourage young people to consider what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. On Friday all Year 7s will be able to wear odd socks. It’s a great way to celebrate what makes us all unique in Anti-Bullying Week!

Electronic Consent for Yearly Flu Vaccinations for students in Years 7

We have received information from Coventry & Warwickshire School Immunisation & Vaccination Service that flu vaccinations will take place for students in Year 7 to 11 on **30 November 2023** here at North Leamington School.

You will need to complete the NHS electronic consent form and the attached document has the link to this form along with information regarding the process and links to further supporting information.

The link is also below for you. The consent form is to be completed for you to consent YES for your child to receive the flu vaccine or NO you do not consent to your child being given the flu vaccine.

Unique consent link:

<https://iv.covwarkpt.nhs.uk/form?identifier=3d413c3b-ae2-4eaa-a3e5-2d1569fca32>

The link to provide consent will close on **19/11/2023** and it will not be possible to access the link and give consent after this date.

Should you have any questions please contact the Immunisation & Vaccination Service and their contact details are on the attached documents and also below. Please do not contact us as we will not be able to answer queries you may have relating to the vaccine programme.

Tel: 01926 353899

Email: SOUTHIMMS@covwarkpt.nhs.uk

Kind regards,

Mrs Sarah Barley-Morey

AHT Y7/ Croft College Leader/Student Self Reflection/Careers Lead